



Forest School

Nursery Information Sheet



At St. Peter's, we are passionate about providing children with opportunities for high-quality outdoor learning. Outdoor learning is proven to have many benefits for children. It provides opportunities for children to connect to the outdoors and nature, whilst supporting many skills within their holistic development.

We are therefore delighted to be able to offer a range of Forest School sessions throughout the year for our Nursery children, which have been carefully planned to enrich our Early Years curriculum.

Forest school sessions take place outdoors and are delivered by highly trained instructors from 'Peak Survival School'. All sessions are supported by familiar classroom staff.

In Nursery, Forest School sessions usually take place on a Monday afternoon, within the school grounds. Parents/carers will always be informed in advance if we plan to go on a local walk or visit.

Forest school sessions will take place in all weathers. There is a shelter within the Forest School area, however children need suitable clothing that will keep them warm and dry (please be warned that these may get muddy!). On the days when we have Forest school, your child needs to bring in a bag with their name on, containing appropriate outdoor clothing that they will change into. They should also have suitable outdoor footwear that they can change into.

You will be advised of the dates that your child will need to bring Forest School clothes to school on the half term curriculum letter. We will also add reminders to the classroom door and our class page on the school website.

The children will be doing many exciting things during Forest school so don't forget to ask them all about it!

Some weeks, they will make things that they can take home with them. Photographs of Forest School activities and information about what we have been doing will also be added to the school website – ***please note that your child will only be included on photographs if you have given permission.***



Nursery's first forest school lesson will on: Monday 21st October. This will be an 'autumn' inspired session.

Nursery also have lots of exciting forest school sessions planned for next half term.

You may wish to make a note of the below dates:

- **Tuesday 5th November** (The first day back after half term) – 'Bonfire Night' inspired session.
- **Monday 11th November** – 'Diwali' inspired session for Inter-faith week.
- **Monday 18th November** – 'The Gruffalo' inspired session.
- **Monday 2nd December** – 'Hedgehogs' inspired session.
- **Monday 9th December** – 'Christmas' inspired session.

Please ensure that on Forest School days, your child brings in a carrier bag with their name clearly written on. This should contain the following clothes that Nursery staff can help them to change into:

- Warm, comfortable trousers (such as joggers) and top.
- A jacket or jumper.
- Wellington boots – It would be great if wellington boots can be labelled with your child's name and can stay in school on our welly rack. These can then also be used on snowy/ rainy days and when playing in the mud kitchen on our playground.
- It is essential that children have a warm, waterproof coat to wear.
- They should also have a hat, scarf and gloves in cold temperatures.

Please ask a staff member you have any questions about Forest School and tell us if you need any support providing the above clothing.

We do have some spare clothing/ footwear in school, however, we must know in advance how many children require these to ensure that we can plan and support all children to take part.

Examples of Forest School clothing:

