

**St Peter's Catholic Academy**



**Together,  
One Family, One Community  
in Christ**

# **St. Peter's Catholic Academy**

## **February 2024**

### **Newsletter**



## February Newsletter

Dear parents and carers,

This month, the school marked 'Children's mental health week', where the theme was 'My Voice Matters'. My voice matters is about empowering children and young people by providing them with the tools they need to express themselves. When we feel empowered, there's a positive impact on our wellbeing. Children who feel that their voices are heard and can make a difference have a greater sense of community and self-esteem.

For more information, please visit <https://www.childrensmentalhealthweek.org.uk/>

On Tuesday 6th February we will also marked 'Safer internet day'. Please see the poster at the end of the newsletter with advice for parents regarding online gaming. In addition, we understand that discussing internet safety with your children can be difficult, however the link below is to a very short video on how to get the internet safety conversation started with your children.

[Safer Internet Day - film for parents and carers](#)

<https://www.youtube.com/watch?v=SD5KW6dqnv0>

### **FAMILY MASSES:**

We are delighted to invite you to join us for family mass on Saturday 16<sup>th</sup> March, 5:00pm at St. Joseph's Catholic Church in Burslem. These masses are a wonderful opportunity for us to gather together and celebrate as a school community so I look forward to welcoming you there.

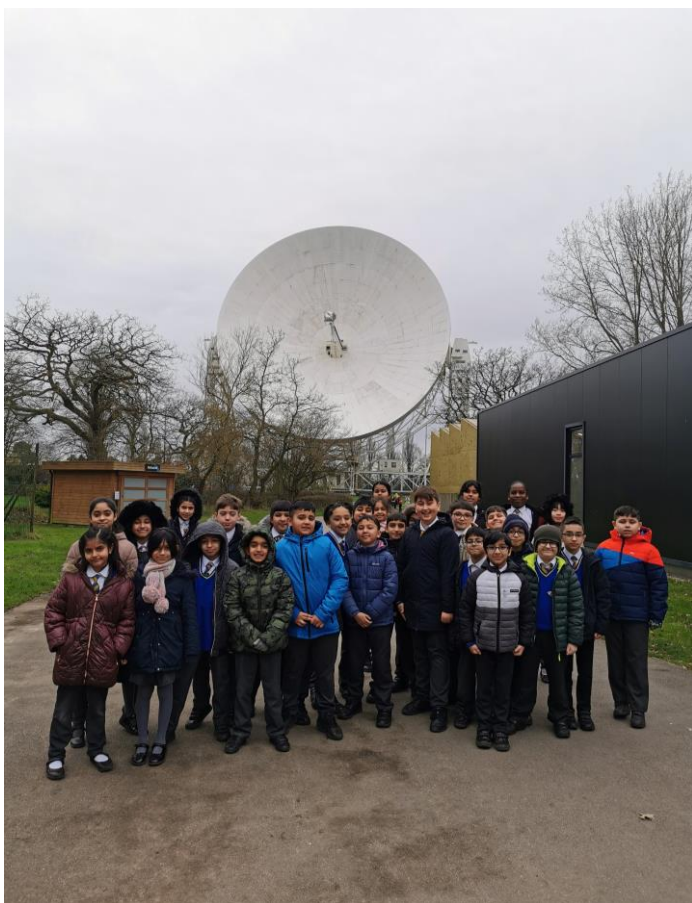
## Lenten prayer

Dear God, During Lent help us to keep our eyes on Jesus. Help us to spend more time talking and listening to you. Help us to share what we have with others and be sorry for times we have done wrong.

Amen



## More exciting trips this month!



## Mental Health Week Coffee Morning

Thank you to everyone who supported the Children's Mental Health Week coffee morning. It was wonderful to see so much of the school community gather together for such a worthy cause.

A special thank you to Miss Hilton for organising it all – £187 was raised and I am sure you will all agree it was a huge success!



## Instrumental Lessons:

As of summer term, your children will have opportunity to learn how to play an instrument in school. Expert tutors from City Music School will come into St. Peter's to deliver lessons in small groups and the cost of these lessons has been heavily subsidised by the school.

This is an amazing opportunity for the children – lessons on offer include guitar, clarinet, violin, flute and piano/keyboard.

If you would be interested in your child receiving instrumental lessons, please do enquire at the school office.



## Key Dates



<b>Tuesday 5<sup>th</sup> March</b>	Year 4 Tower of London trip
<b>Thursday 7<sup>th</sup> March</b>	World Book Day
<b>Friday 8<sup>th</sup> March</b>	Mother's Day breakfast (8:00am – 8:30am)
<b>Friday 8<sup>th</sup> March</b>	EYFS Mother's Day assembly (9:15am)
<b>Week of 11<sup>th</sup> March</b>	British Science Week
<b>Friday 15<sup>th</sup> March</b>	Whole school non-uniform day (chocolate donations please!)
<b>Tuesday 19<sup>th</sup> March</b>	Nursery Inspire Workshop (9:15am)
<b>Tuesday 19<sup>th</sup> March</b>	Year 6 Confirmation Service, Sacred Heart (6:00pm)

# Awards

Year	Star Award	Handwriting Award	Learning Behaviours	Goldfinch Award	TT Rockstars
<b>YN</b>	<ul style="list-style-type: none"> <li>Armaan Adnan</li> <li>Selin Yavuzyigit</li> <li>Aliyah Khaliq</li> </ul>		<ul style="list-style-type: none"> <li>Ibrahim Balal</li> <li>Amraaz Singh Sethi</li> <li>Dalton Robins</li> </ul>	<ul style="list-style-type: none"> <li>Mariam Haque</li> <li>Ali Ahsan</li> <li>Oliver Lee</li> </ul>	
<b>YR</b>	<ul style="list-style-type: none"> <li>Zainab Abbas</li> <li>Zidan Joshim</li> <li>David Chimdi-Dike</li> </ul>	<ul style="list-style-type: none"> <li>Dania Mustafa</li> <li>Lois Marfo</li> <li>Kingsley Obeng</li> </ul>	<ul style="list-style-type: none"> <li>Elias Asiedu</li> <li>Hemayal Balall</li> <li>Omar Malik</li> </ul>	<ul style="list-style-type: none"> <li>Aaiza Ali</li> <li>Muhammad Hashim Farooq</li> <li>Kinglsey Obeng</li> </ul>	
<b>Y1</b>	<ul style="list-style-type: none"> <li>Ibraheem Adnaan</li> <li>Sufiyan Khan</li> <li>Hashim Imran</li> </ul>	<ul style="list-style-type: none"> <li>Ammara Uddin</li> <li>Janelle Asubiojo</li> <li>Navroop Kang</li> </ul>	<ul style="list-style-type: none"> <li>Jacob Hughes</li> <li>Zaina Choudary</li> <li>Mina Omar</li> </ul>	<ul style="list-style-type: none"> <li>Shayan Islam</li> <li>Stefania Stan</li> <li>Edward Turcitu</li> </ul>	
<b>Y2</b>	<ul style="list-style-type: none"> <li>Annayah Irfan</li> <li>Aisha Farooq</li> <li>Ayaat Faisal</li> </ul>	<ul style="list-style-type: none"> <li>Maya Kayani</li> <li>Arthur Istoc</li> <li>Anaya Asiedu</li> </ul>	<ul style="list-style-type: none"> <li>Husnain Mehmood</li> <li>Pela Qasm</li> <li>Saimah Uddin</li> </ul>	<ul style="list-style-type: none"> <li>Luqman Rabani</li> <li>Rumaisa Khaliq</li> <li>Musa Adeel</li> </ul>	
<b>Y3</b>	<ul style="list-style-type: none"> <li>Sahad Khan</li> <li>Amelia Ali</li> <li>Makenzy Beswick</li> </ul>	<ul style="list-style-type: none"> <li>Tahmid Ahamed</li> <li>Ebun Oyelade</li> <li>Maheen Tariq</li> </ul>	<ul style="list-style-type: none"> <li>Michaela Masar</li> <li>Sulaiman Ali</li> <li>Elias Hawley</li> </ul>	<ul style="list-style-type: none"> <li>Yahya Mazahir</li> <li>Yusuf Uddin</li> <li>Akam Ismael</li> </ul>	<ul style="list-style-type: none"> <li>Isaac Dwumfour</li> <li>Tahmid Ahmed</li> </ul>
<b>Y4</b>	<ul style="list-style-type: none"> <li>Abdul Raheem Waseem</li> <li>Hooriyah Kayani</li> <li>Kanya Noori</li> </ul>	<ul style="list-style-type: none"> <li>Jayden Lee</li> <li>Carla Tavares Da Rocha</li> <li>Monira Choudhury</li> </ul>	<ul style="list-style-type: none"> <li>Hazik Sajid</li> <li>Naziha Islam</li> <li>Carla Tavares Da Rocha</li> </ul>	<ul style="list-style-type: none"> <li>Hooriyah Kayani</li> <li>Hadi Imran</li> <li>Eshal Bint Ahmed</li> </ul>	<ul style="list-style-type: none"> <li>Ayaana Uddin</li> <li>Amaaz Mehmood</li> </ul>
<b>Y5</b>	<ul style="list-style-type: none"> <li>Cindy Lin</li> <li>Eshal-Bint Ahmed</li> <li>Abdullah Ishtiaq</li> </ul>	<ul style="list-style-type: none"> <li>Abdullah Ishtiaq</li> <li>Farhan Mehmood</li> <li>Sufyaan Aqeeb</li> </ul>	<ul style="list-style-type: none"> <li>Christian Balogh</li> <li>Raees Sherafghan</li> <li>Sufian Shamraiz</li> </ul>	<ul style="list-style-type: none"> <li>Jozi Noor</li> <li>Rafi Rahman</li> <li>Nazgul Ahmed</li> </ul>	<ul style="list-style-type: none"> <li>Dastan Mustafa</li> <li>Ife Oyelade</li> <li>Rafi Rahman</li> </ul>
<b>Y6</b>	<ul style="list-style-type: none"> <li>Noa Sveger-Targus</li> <li>Eshaan Tahir</li> <li>Lewend Guli</li> </ul>	<ul style="list-style-type: none"> <li>Maryam Rahman</li> <li>Condoleezza Dwumfour</li> <li>Taybah Shakil</li> </ul>	<ul style="list-style-type: none"> <li>Noa Svegr-Targus</li> <li>Anayah Choudary</li> <li>Eshaan Tahir</li> </ul>	<ul style="list-style-type: none"> <li>Isabella Stubbs</li> <li>Adyan Joshim</li> <li>Miss Nadeem</li> </ul>	<ul style="list-style-type: none"> <li>Eshaan Tahir</li> <li>Danyal Mubashar</li> <li>Mobeen Khaliq</li> </ul>

# Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

## PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

## ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

## AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

## DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary; emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.

## FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

## ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful; if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

## TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

## BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.

GAMING  
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